


BASINGSTOKE ITEC

LIST OF USEFUL REFERRAL AGENCIES FOR STAFF AND LEARNERS (updated 2016)

Support for adults generally		
Need to talk	The Samaritans The Samaritans are a charity available 24 hours a day offering confidential advice and support to anyone in distress. They also work to raise awareness of issues related to mental health problems such as suicide and depression.	Website: www.samaritans.org Telephone: 020 8394 8300 Email: jo@samaritans.org UK Helpline: 08457 90 90 90
Seeking counselling	Your GP Remember that your personal GP or Health centre is a good place to find out what NHS funded services you may be able to access with a GP referral.	Local GP Finder: www.nhs.uk/ServiceDirectories/pages/serviceSearch.aspx
Seeking counselling	British Association for Counselling and Psychotherapy The BACP is a large organisation that many counsellors around the UK are registered with. The website has a search function allowing you to find therapists in your local area and view their special interests.	Website: www.bacp.co.uk Email: bacp@bacp.co.uk
 The National Association for People Abused in Childhood	NAPAC	Website: www.napac.org.uk/ Call free on 0808 801 0331 from all landlines and mobiles
Worried about a young person	NSPCC The National Society for the Prevention of Cruelty to Children (NSPCC) aim is to protect children from cruelty, support vulnerable families, campaign for changes to the law and raise awareness about abuse.	Website: www.nspcc.org.uk Telephone: 0808 800 5000 TEXTPHONE: 0800 056 0566 Email: help@nspcc.org.uk
Worried about a young person being bullied or abused	Kidscape Kidscape is committed to keeping children safe from abuse. Kidscape is the first charity in the UK established specifically to prevent bullying and child sexual abuse. Helpline is for the use of parents, guardians or concerned relatives and friends of bullied children. If you are a child and are experiencing bullying problems, then please visit or ring Childline 0800 1111 .	Website: www.kidscape.org.uk Helpline: 08451 205 204

Worried about a young person	ChildLine - 0800 1111 Whatever your worry its better out than in. Call ChildLine for Help	Website: www.ChildLine.org.uk ChildLine: 0800 1111
Worried about a vulnerable adult	Voice UK A national charity supporting people with learning disabilities and other vulnerable people who have experienced crime or abuse. We also support their families, carers and professional workers.	Website: www.voiceuk.org.uk Telephone: 0845 122 8695
Personal safety	Suzy Lamplugh Trust Promoting personal safety for all. They work for the benefit of everyone in society – irrespective of gender, age or background. Their mission is to raise awareness of the importance of personal safety and to provide solutions that effect change in order to help people to avoid violence and aggression and live safer, more confident lives.	Website: www.suzylamplugh.org Email: info@suzylamplugh.org Tel: 020 7091 0014
Human Trafficking	IS ILLEGAL – CONTACT POLICE IMMEDIATELY	General information is available on our website http://www.basingstokeitec.co.uk/documentation-policies
FORCED MARRIAGE	IS ILLEGAL SO YOU CAN CONTRACT POLICE or for general help see next section.	Forced Marriage Unit fmufco.gov.uk Telephone: 020 7008 0151 From overseas: +44 (0)20 7008 0151 Monday to Friday, 9am to 5pm Out of hours: 020 7008 1500 (ask for the Global Response Centre)
Female Genital mutilation (FGM)	IS ILLEGAL – CONTACT POLICE IMMEDIATELY	General information is available on our website http://www.basingstokeitec.co.uk/documentation-policies
Prevent (radicalisation and extremism)	IS ILLEGAL – CONTACT POLICE IMMEDIATELY	General information is available on our website http://www.basingstokeitec.co.uk/documentation-policies